

I hereby give my approval for my child to participate in Feeney's Football Camp. I hereby authorize the directors of Feeney's Football Camp and all instructors to act for me according to their best judgment on any emergency requiring medical attention. I hereby waive and release the camp from any and all liability for any injury while at camp. I certify that my son is medically fit to participate in the program. I understand that Feeney's Football Camp Directors, Steve Feeney, and all instructors will not be responsible for injury or loss of property while the athlete named on the application is attending this camp. I also understand that each camper is responsible for his own medical insurance and expenses.

Date: _____

Parent/Guardian: _____

To be accepted in our camp, include a check payable to Steve Feeney (Camp Director). Fill in the above and return to:

Steve Feeney 4204 Overland Rd, Bismarck ND 58503.

REGISTRATION DUE BY JUNE 20, 2009

REGISTRATION FORM for Feeney's Football Camp

Grades 2-6 June 29-July 1

Please Print

Camper's Name

Phone _____

Address _____

City _____ State _____ ZIP _____

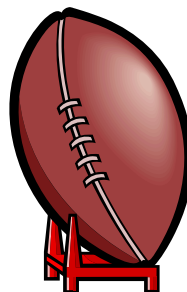
School _____

Grade entering in fall _____

In case of an emergency contact:

Name _____

Home Phone _____ Work Phone _____



FOURTEENTH ANNUAL FEENEY FOOTBALL CAMP

2009

June 29-July 1, Grades 2-6

Time: 9 AM-12 NOON



Camp Directors

Steve Feeney (BHS Asst. Coach)

Kevin Feeney (Fargo South Head Coach)

Camp Purpose

The purpose and benefit of this camp is designed to increase the execution of fundamental football techniques. He will participate in an individualized technique, teaching, drill sessions, 7 on 7 games, and individual contests. This will help him improve his skill and ability. It will increase his confidence and he will learn to practice in an effective manner. The camp will provide the opportunity to meet new friends in the atmosphere of a friendly athletic competition. We hope you'll join us this summer for a great football learning experience.

Camp Fee

The cost of the camp is **\$45**. This fee includes instruction, a camp t-shirt or camp football, and awards. Make checks payable to Steve Feeny (Camp Director). If two campers from the same family attend, the second camper will be charged \$40. Registration is Due by June 20 or the cost is \$55.

Registration/Check in Time

Registration and check in will occur at Hughes Field on the first day of camp (underneath the north grandstand) 9-9:30 am

Location/Facilities

The camp will be conducted at Hughes Field, 806 N. Washington St. The facilities include three fields and two locker rooms with a training room.

Staff

The camp will be conducted by outstanding High School Coaches, High School players and College players.

What to Bring to Camp

Boys entering 2nd-6th grade need to bring football shoes or sneakers, t-shirts, shorts, and sweat socks.

Injury

Camp directors, instructors, and/or facilities are not responsible for any injuries or accidents which may occur during the camp session.

Summary

We encourage you to participate in our camp. It is best to be in shape before coming.

When you send in your registration form, you are automatically in the camp unless I notify you. Also, if inclement weather occurs listen to KFYR and/or Y93 for a cancellation.

For further questions, contact Steve Feeny

Cell: 202-3482

Home: 258-7739

Email: steve_feeny@bismarckschools.org

Typical Day

Stretch/Warm up
Specialty
Offensive/Defensive stations
1 on 1 technique
7 on 7 games/ Red Zone games/Razzle dazzle
Ultimate football games
Individual games

Here's What Is Emphasized

QUARTERBACK

Throwing motion and release
Body control and footwork
Speed, agility, set up
Faking, hands off, option work
Passing actions; 3 and 5 step drop, sprint, roll, bootleg, play action

RECEIVERS

Alignment, stance, start, release
Cutting, body control, ball carriage
Routes
Pass catching drills
Blocking

RUNNING BACKS

Stance, hands off
Cutting, speed, agility
Catching (routes)
Blocking

LINE BACKERS

Alignments, stance, footwork, keys
Run defense, pass defense (drops)
Block separation

SECONDARY

Alignment, stance, keys
Back peddle footwork drills
Ball drills
Coverage technique man and zone
Block separation

OFFENSIVE LINE

Run block
Pass block
Pulling, trapping, leading
Stance and footwork

DEFENSIVE LINE

Stance, body position, footwork
Deliver blow
Block separation
Pass rush technique